

# Troop 61 Point Reyes – Introduction to Backpacking Campout

## Fri Aug 11 to Sun Aug 13, 2017

### Overview

Geared towards scouts interested in learning more about backpacking (vs car camping). Scouts will hike about six miles (moderate) into Point Reyes National Park to Wildcat campground, setup camp and spend two nights before heading back on the same route. Scout will carry all of their personal items, gear, and their own food for this adventure. On Sat, the plan is to trek out to a waterfall, beach activities, have older scouts/adults share their knowledge of backpacking (e.g. Gear, Leave No Trace, Dining, and Risk/First Aid) and relax and enjoy Point Reyes natural beauty

### Plan

- Meet at Redwood Shores Elementary on **Fri Aug 11, 2017 at 1:15 PM** and return to RWSE on **Sun Aug 13, 2017 by 2:00 PM**
- Cost **TBD**
- Bring a light daypack (10 Essentials, water, and work gloves), backpack (overnight gear), money for lunch on Sunday
- Drivers – Drivers will be reimbursed approximately \$\_\_\_\_\_ (mileage, toll, and parking) to drive participants
- Troop Medical Forms required. (Contact Anna if you need to update at [amuischool@gmail.com](mailto:amuischool@gmail.com))
- Friday, August 11
  - 1:15 PM – Meet at RWS Elementary
    - **Clothing:** Uniform Class A (travel) with Class B T-Shirt under the shirt. If you don't have a Troop 61 Class B shirt, please wear any scouting appropriate T-Shirt. Bring jacket and dress in layers as weather can be unpredictable
    - **PACK LIGHT (Try to bring one backpack (with small day pack stuffed inside) if possible)**
      - **Day Pack** – See details below – Minimum sunscreen, min 32oz water filled, and hat
      - **Backpack/Overnight Gear** – See details below
  - 3:00 PM – Arrive at Pt Reyes, pick up permit and drive to Point Blue Palomarin Field Station
  - 3:15 PM – Check scouts/gear and hike about 6 miles to Wildcat Campgrounds
  - 6:30 PM – Arrive at Wildcat Campgrounds, setup camp and dinner
  - 10:00+ PM – Lights out (discretion of leader)
- Saturday, August 12
  - 7:00 AM – Wake up
  - Morning – Breakfast, hike to water fall, scout knowledge sharing
  - Afternoon – Beach activities, scout knowledge sharing, Lunch
  - Evening – Possible beach campfire (need to check), Dinner
  - 10:00+ PM – Lights out (discretion of leader)
- Sunday, August 13
  - 7:00 AM – Wake up, break camp, practice Leave No Trace
  - 8:00 AM – Start 6 mile hike to parking lot
  - Drive Back – Stop at In/Out or Pizza for lunch
  - 2:00 PM – Arrive at RWS Elementary (Jay will email parents as we get closer)

### Resources

- General Information (click <https://www.nps.gov/pore/index.htm>)
- Point Reyes National Park Map (click <https://www.nps.gov/pore/planyourvisit/maps.htm>)

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## Fri Aug 11 to Sun Aug 13, 2017

### Cost

- Approximately \$\_\_\_\_\_ per person (covers transportation to/from RWS Elementary, parking, and permit)
- Designated Drivers (Jay, Hisham, \_\_\_\_\_) will be reimbursed \$\_\_\_\_\_ (mileage, toll, and 2 day parking) to drive participants

### Additional Notes:

- **National Weather Service** - <http://forecast.weather.gov/MapClick.php?lat=38.06715980000001&lon=-122.80380579999996#.WX4RqYjytaQ>
- **Motion sickness** – Please notify Jay

### Meals

- For this backpacking adventure, remember to pack light, nutritional meals
- Friday
  - Dinner - Dinner – Bring a dehydrated meal. You can pick up a Mountain House Brand or comparable readymade meal online or through REI. We will provide hot water and **hot chocolate** after dinner
- Saturday
  - Backpacking Breakfast – For example - hot **oatmeal**, hot chocolate, fruit, nuts, dry fruit, **raisins, peanut butter**, etc, **Adults – Bring you own coffee or tea**, We will provide hot water
  - Lunch – Bring a sack lunch or trail food in your day pack
  - Dinner – Bring a dehydrated meal. You can pick up a Mountain House Brand or comparable readymade meal online or through REI. We will provide hot water and **hot chocolate & dessert** after dinner
- Sunday
  - Backpacking Breakfast – For example - hot **oatmeal**, hot chocolate, fruit, nuts, dry fruit, **raisins, peanut butter**, etc. We will provide hot water
  - Lunch – On the drive back, we will stop off at In/Out or pizza, so please bring some money

### Gear

#### Wear:

- Troop 61/Scout T-Shirt (Wicker)
- Scout Shirt, Neckerchief, Slide – Traveling To/From
- Scout Pants or Shorts
- Boots - Hiking (Make sure you break them in)
- Socks - Hiking

#### “Light” Day Pack:

- Pocket Knife (if scout has Totin’ Chip)
- Personal First Aid Kit
- 32-oz of Water (filled)
- Sun Protection (sunscreen, lip balm, sunglasses)
- Insect Repellent
- Headlamp or Flashlight
- Jacket or windbreaker
- Map & zip lock bag to keep maps dry

- Hat (Brim or Cap) and Binoculars (optional)

#### Back Pack:

- Sleeping bag
- Sleeping mat
- Sweatshirt or windbreaker (warm outerwear)
- Spare socks – min 1 pair
- Sleepwear
- Towel, small
- Soap or Sanitizer gel
- Toiletries
- Medications – Let ASM Jay know
- Bandana or neckerchief
- Mess kit (Bowl, Utensils & Cup Only)
- Head Beanie
- Food – 2 Breakfast, 1 Lunch and 2 Dinners
- Tent & Tarp (buddy team)